

Hand rescue Dry, flaky hands are a common winter hazard. Save your skin with this deeply moisturizing soak: Fill a bowl with jojoba oil and nuke for 30 seconds, suggests celebrity manicurist Deborah Lippmann of New York City. Then take a dip up to your wrists for about 10 minutes. Oil from jojoba is similar to your own sebum, so your hands will readily soak it up leaving smooth skin minus the goo.

Keeping feet cozy

Don't bound out of the bathroom with sopping-wet feet after your shower.

While you're toweling off, slip into plush Aquis Microfiber Slippers, \$20, made from superabsorbent water-wicking material (a la the company's hair turban). Toasty toes make brrr months more bearable.



## EYE ENHANCERS

Sure, neutral hues on are a safe bet, but brighter colors do a better job of showcasing your eyes - and they're not as big of a gamble as you'd think, says makeup artist Joe Simon of New York City. Purple is on the mark for brown eyes, and goldish orange flatters blue or green eyes. If you still fear looking too flashy pick a pale iridescent version of the shade.

## What's cooking in cosmetics

Fresh from the oven: Physicians Formula's Baked Bronzer, \$12, which is scooped onto genuine Italian terra-cotta tiles and baked to create **a formula that you can use wet or dry.** Brush it on for a hint of shimmer, or dampen a sponge and dab on skin for a darker, more intense glow. *Bellissima!* 

Natural resource There's a slew of products out there labeled *natural* or *organic*, but finding ones that are truly eco-friendly can be a wild-goose chase. One place to begin searching: SaffronRouge.com, a new website devoted to hard-to-find brands made with a minimum of preservatives. Now your quest for goods such as green-apple facial peels and quince elixirs is sure to prove more fruitful.

Well-timed tanning You know to wash and slough skin before self-tanning, but soap may interfere with the tanner's ingredients says David J. Goldberg, M.D., a dermatologist in New York City. To ensure an even tone, opt for a nonsoap cleanser or wait a few hours for any leftover film to wear off.

A step not to skip Even when you're pressed for time in the A.M., take a moment to swipe on shadow and curl lashes. When women rated the attractiveness of female faces with various amounts of makeup (from au naturel to all gussied up), embellished eyes made the biggest impression, shows a study in the International Journal of Cosmetic Science. Looks as though the eyes really do have it.